



HEANOR GATE SCIENCE COLLEGE

“Develop all learners to achieve their full potential”
“Create a culture of aspiration”

Principal: **Mr S Huntington**



November 2019

Dear Parent/Carer

GCSE PE Rock Climbing Residential – Cowling, Yorkshire.

We have a few remaining places on our annual rock climbing trip and would like to offer your child the opportunity to take part. Each year we take up to 40 Year 10 and 11 PE students who use rock climbing as one of their practical sports for assessment. In the past two years 90% of our GCSE cohort have used rock climbing. If your child is considering taking PE in Year 10, this would be a fantastic opportunity to get a head start for their course.

Whilst I would like to offer this to all Year 9 PE students, unfortunately positions are limited and will be allocated on a first come, first served basis.

The trip is a residential 2 night stay. We will be leaving school on Friday 6 December at 3.30pm prompt. Students will need to change into appropriate sportswear at the end of school day and should meet in the hall at 3.15pm to be registered, prior to getting on the coach. Students will get an evening meal on arrival at the centre and, therefore, will not need food for the bus. We aim to arrive back at school for approximately 6.00pm on Sunday 8 December 2019.

Below is the kit list provided by High Adventure Outdoor Education Centre:-

- ✓ Large towel(s)
- ✓ Waterproofs*
- ✓ Indoor footwear (ie. trainers)
- ✓ Outdoor footwear (that will get wet/dirty)*
- ✓ Re-usable drinks bottle
- ✓ Comfortable indoor clothes
- ✓ Tracksuit bottoms or similar **(NOT JEANS)**
- ✓ Sweatshirts
- ✓ Tee shirts
- ✓ Socks & underwear
- ✓ Gloves & hat – cold weather items*
- ✓ Toiletry bag – shampoo, soap, toothpaste & brush
- ✓ Pyjamas/similar
- ✓ Plastic container for a packed lunch
- ✓ Small rucksack/day bag/small backpack
- ✓ Bin bags/carrier bags for wet clothes
- ✓ Torch
- ✓ Warm jacket
- ✓ Sleeping bag & pillow
- ✓ Mug/flask

*If weather permits, students will have the opportunity to climb on an outdoor, natural rock face. For this they will need suitable outdoor clothing.

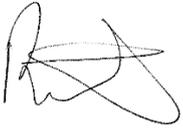
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The total cost of the trip, which includes full board, 2 nights' accommodation, transport, equipment and instruction is £130 per student.

If you would like your child to participate in this trip, a deposit of £50 is required by Monday 11 November 2019. Our preferred method of payment is via ParentPay. Please logon to your child's account.

Yours sincerely

A handwritten signature in black ink, appearing to read 'R Fretwell', with a stylized flourish at the end.

Mr R Fretwell
Teacher of PE

